

## **What is the reality about the PSA test?**

There has been some recent controversy over the usefulness of the Prostate Specific Antigen (PSA) test for screening for prostate cancer. The PSA test is not perfect but I can tell you this. Several of my patients have had their prostate cancer diagnosed very early by the PSA test, long before symptoms and before anything could be found on physical exam. So I continue recommending the annual PSA test for my male patients 40 years old or older.