

Are You Tired of Looking Tired?

Do you often hear “You look tired?” or “What’s wrong?” Years of squinting and frowning can leave deep wrinkles between the eyebrows, across the forehead, and the corners of the eyes (“crow’s feet”). These wrinkles can create an angry, sad, or tired look and detract from a pleasant facial appearance. Using Botox® Cosmetic, doctors can easily and safely diminish these wrinkles and lines.

What is Botox®?

Botox® Cosmetic is a purified protein derived from a bacteria that blocks muscular nerve signals. Injecting very small amounts into specific facial muscles blocks the muscle’s impulse. This temporarily weakens the muscle and diminishes the unwanted lines. Once the muscle is weakened and relaxed, it cannot contract. Since there is no way to make the undesirable facial expression, the lines gradually smooth out from disuse, leaving a pleasant, relaxed, rested appearance. Other muscles such as those needed to raise the eyebrows are not affected, so a natural expression is maintained and often a natural eyebrow lift is achieved. New creases are prevented from forming as well. For optimal results, Botox® therapy may be used in combination with dermal fillers like Restylane® in addition to a proper home skin care regimen like the Obagi system preventing the formation of new lines and wrinkles and leaving skin looking healthy for years to come.

Botox® Treatment

Before treatment, Dr. Lori King reviews the patient’s medical history including any current medication or medical conditions. Treatment involves injecting, very small amounts of Botox® directly into the underlying facial muscles. A tiny needle is used, the procedure is well tolerated, and it takes just a few minutes. There is no “down time” or prolonged recovery period.

Botox® takes effect about 5 to 10 days after treatment. The improvement generally lasts about 3-4 months. The effect gradually fades as muscle action returns naturally. To maintain the benefit, Botox® treatment should be repeated very 3-4 months. With repeated treatments, atrophy (thinning) of the muscle may occur. This change usually produces longer lasting results.

Treatment Areas

- Vertical lines between the eyebrows and on the bridge of the nose

- Squint lines (crow's feet) at the corners of the eyes
- Horizontal lines on the forehead

Are there any side effects?

Side effects are generally minimal, temporary, and typically relate to the local injection site. You may experience soreness or mild bruising around the injection site. Makeup may be applied after the treatment, but care should be taken to avoid pressing or massaging the area for several hours. A temporary headache is not uncommon after injections in the forehead area, especially after the first treatment. In rare instances, patients may develop weakness of the neighboring muscles leading to a temporary droopy brow or eyelid. All of these possible effects are mild, reversible, and self-limiting.

Other Applications

Hyperhidrosis (excessive sweating) of the underarms or palms can also be successfully treated with Botox®. It is superficially injected directly into the underarm skin or the skin on the palms of the hands. This blocks the action of the nerves that stimulate excessive perspiration. A single treatment session can provide months of relief, and injections can be repeated when the excessive perspiration returns.

Come in for a free consultation to see how Dr. Lori can help you to safely and effectively regain and maintain that relaxed, pleasant, natural, and youthful appearance for years to come!